

Intergenerational Activity

Helen Simmons, CEO Nightingale Hammerson



Overview of Nightingale Hammerson

- *Residential, Nursing and Dementia Care*
- *Nightingale House, Clapham, 180 residents*
- *Hammerson House, Hampstead, 116 residents*
- *CQC Good (with Outstanding for responsiveness)*
- *Beacon status for End of Life Care (Gold Standards Framework)*

Generation Gap

Residents 90 - 110

Children 65 - 85

Grandchild 40 – 60

Gap... 20 – 40

Gap... 0 -20

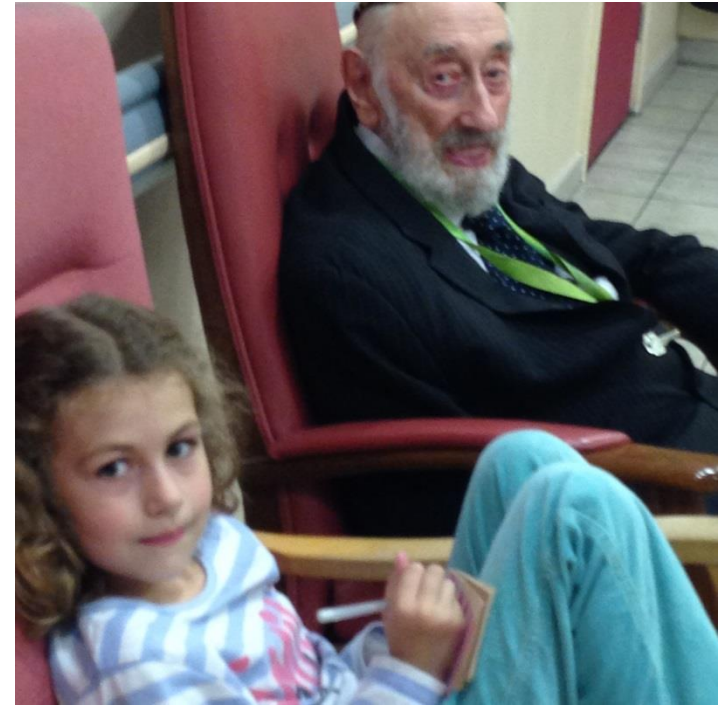
Relationship Centred Care



Media

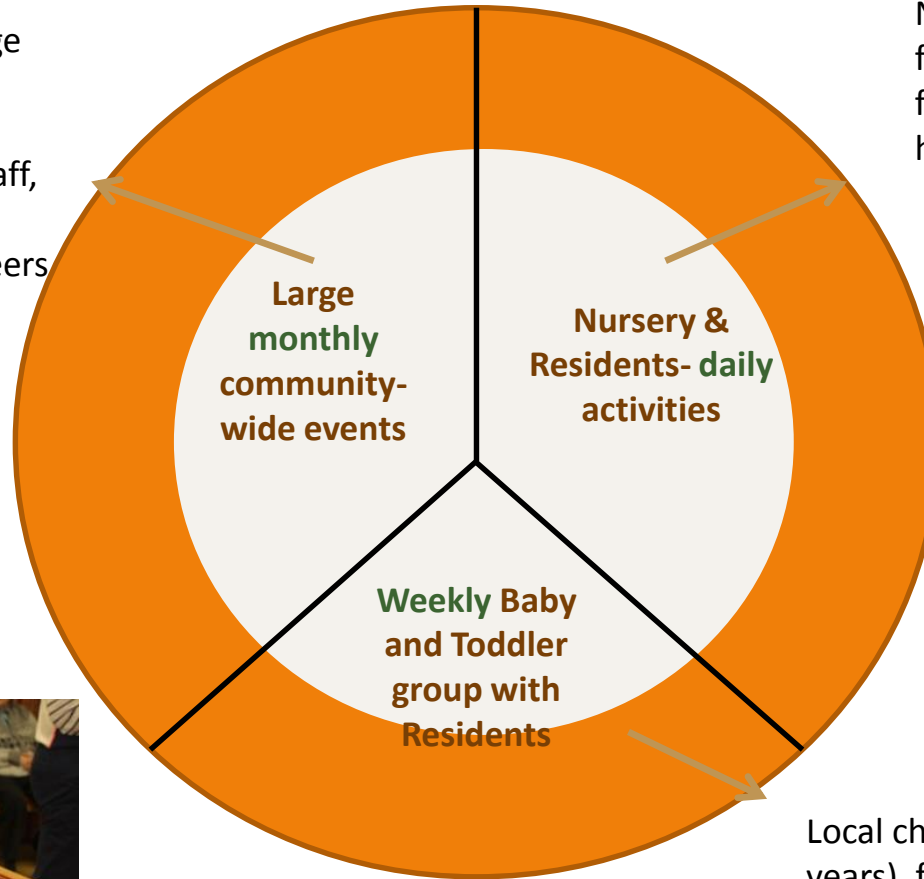


Lack of a Tight Schedule



Creating a framework for measuring impact

Local children (broadest age range) and their families, nursery children, nursery families, carers, nursery staff, care home staff, residents, residents' families, volunteers



Nursery children, nursery families, residents, residents' families, nursery and care home staff



Local children (0 months to 3 years), families, carers, childminders, residents, residents' families, volunteers

Stakeholder responses...Volunteer

- A volunteer says... “I come each week to the baby and toddler group because it makes me smile...I love seeing first-hand the joy that it brings, and witnessing the special bonds that are being made between some of the residents and the children. I marvel at the fact that even those residents with memory problems can join in so enthusiastically... No one is self-conscious. That is probably what surprised me the most. Oh and the impeccable behaviour of the children when they attend... I love how inclusive everyone is. It’s a fabulous experience for everyone.”

Stakeholder responses...Resident

- A male resident shares, “It is the highlight of my week. I never had children of my own and I enjoy watching the children play and playing with them. It is such a joyful experience. I forget everything else going on and I share in their joy with them. I also see the effect it has on other residents.
- One gentleman who comes never speaks to anyone else at all when he is upstairs. He doesn’t speak at all. He is silent. But when he comes down here, he lights up and he does speak. He becomes himself and it makes me very happy to watch this.”

Dr Ali Somers - Beginnings of an interdisciplinary research methodology

- Identify a group of residents to follow; to understand what they are doing when they are not with the children (what does the rest of their day/week look like?) Will find a cohort of nursery children to compare against those who are of similar age and background to see how each group responds to elderly residents over time
- Will seek the input of both early years specialists alongside geriatric specialists (including but not limited to dementia)

Developing our research questions:

- Does intergenerational interaction keep more independent residents fit and active for longer (cognitive, emotional, and physical)?
- Do moments of memory and increased verbal communication carry on during the day after a session with the children? How long do impacts last?
- Is a one off experience 'enough' for residents and children (might be for some), can we identify the amounts of time needed to achieve certain benefits?
- To what extent does interaction with children instigate memory or communication for people at various stages of memory and communication loss?
- To what extent does contact with residents impact on pre-school aged children?

Extra clips - Media



Extra clips -Media

- [CNN Clip](#)